

Valley View Voice

Valley View Retirement Village • Rock of Ages Mennonite Home • M.A.I.D.S. • McMinnville, Oregon • Autumn 2021

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Valley View Voice

Published quarterly
by
Rock of Ages/Valley
View Retirement
Community
15600 Rock of Ages
Road
McMinnville, OR
97128

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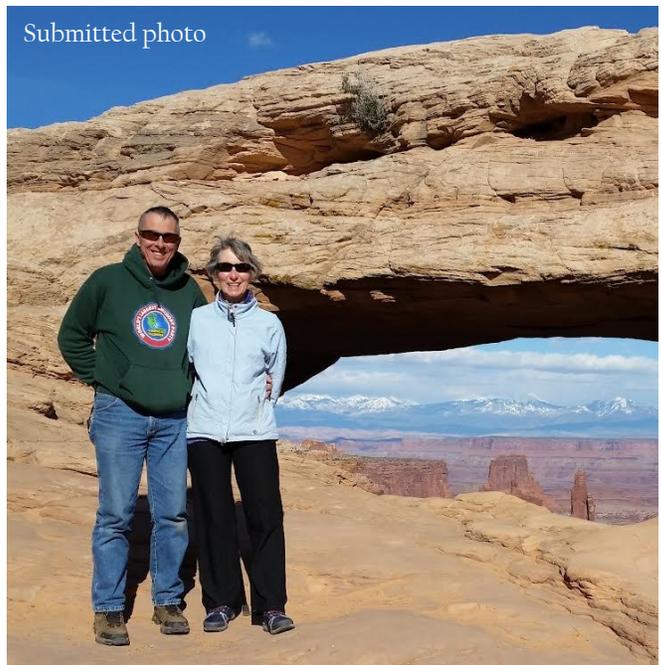
GARY & JAN NOLAND

by

Victoria Wilbanks

Gary proudly states that he was born into a hardworking Christian family in Fort Bragg, California, where he enjoyed a secure and happy childhood. His father worked in a lumber mill, and his mother worked as a licensed vocational nurse for the local hospital. The Noland children were fortunate enough to enjoy spending most of their time playing outside, winter and summer, because their mother worked nights and slept during the day, and needed a quiet environment for sleeping. Gary's parents worked opposite shifts, and shared homemaking responsibilities, which included supervising their children. Gary attended the local high school in Fort Bragg, and after graduation in 1967, went into the Navy hoping to "see the world." It did not quite work out that way, because all of his duties kept him in California.

After Gary's tour of duty with the Navy, he became a long distance truck driver, a profession he had talked about since he was a small child. He really enjoyed this work for 15 years, but in 1989 he underwent surgery on his hip, and had to consider a change of career. He was fortunate enough to become involved with a new startup Information Systems Support School, belonging to friends of his, who needed to create a curriculum to use in the school. Gary was interested in this field of work, and discovered he really liked it. He became their prodigy, helping the company perfect their curriculum. In the process he earned a "no cost" education, giving him enough knowledge to launch himself into a second career. After doing an internship with the Utah State Tax Commission, he continued to work in Utah for some years, but then decided to return to the west coast, specifically Oregon. Gary moved to Portland in 1994. It was after this that he met his wife Jan.



Submitted photo

(Nolands continued pg 4)

Delvin's Desk



Delvin Zook

We are really excited as another group of folks are coming for a week of service here at Rock of Ages/Ann Scott Estates, Adult Foster Home. They will be painting, deck building, window cleaning, and other tasks. Lee and Jan Hoover and family have blessed us several times, and will be returning again to lead the group. Lee is the chair of the Volunteer Service Board for BMA, the organization that is developing a permanent Voluntary Service Unit. A home here on campus will house the youth. Soon after Lee and the group leave, Louie and Esther Schwartz will arrive to serve as more permanent house parents for at least 18 months; guiding the program here on campus.

A bit of an update on the Ann Scott Estates property. We needed to replace the sewer system. Harry Tony and crew are doing a wonderful job trying to complete the project before winter rains set in. Drain lines are in and tanks are set so we are getting close to a new system. Another major project led by Guy Williamson is replacing one of the decks. The new layout will allow residents to go out the back door and walk around the house to the south end and enter

there without navigating steps. The kitchen is still void of cabinets, but Amcraft will soon be installing



new ones. Wilson Carpet One is scheduled to replace the carpet in the living room. Nice Electric Inc. has done a lot of clean up with wiring and junction boxes. With all this work underway, we still have a considerable amount to accomplish. With the volunteers next week we are hoping to bring some of these loose ends together. The photos show some of the progress. We are so thankful for a dear supporter who has provided most of the money
(Delvin continued pg 3)

Chaplain's Corner



Lynn Miller

Since Janice and I moved to Rock of Ages a couple months ago, we see the world from a slightly different perspective. We are perched on the hill looking down on roof tops to the pond, trees, farmers fields and orchards, and cars driving by on Hwy 18 heading out to the coast. Then more trees, more hills, then finally way off are the Cascades. We look east and have a similar view from our home in Woodburn. Birds glide through the sky here at eye level and deer, chipmunks, and squirrels play right in front of our window. It is all beautiful and serene. And to add to all this beauty are so many wonderful people, both residents and staff. How blessed we are to be part of this community!

An additional blessing is being part of the Spiritual Care Team here at ROA. Other members are Susan

Contreras, Delvin Zook, Stan Mishler, Catie Fleming and Mary Hill. We are here to help bring God's love and hope into this community. Please feel free to be in contact (503-472-6212) if you or your neighbor would like to have one of us be in touch.

We also continue the ROA tradition of providing a time of worship and Bible study Sunday mornings beginning at 10:00. Folks from every part of ROA, as well as the broader community participate. You are welcome.

Thank you for giving my wife and I such a warm welcome to ROA.

If we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. 1 John 1:7

Honoring Our Employees



Blanca Galvez is the employee of the month for August. Blanca does an amazing job. Both staff and residents speak highly of her. She is willing to help cover shifts as needed. She does a great job passing her skills to the new staff and is a mentor to them. Her warm, caring heart is appreciated by residents and staff.



Keauri Larson is the Employee of the Month for July. She is a caregiver in our Memory Care and her hard work and dedication has been such an asset that she has now been moved up to Resident Care Manager. Her attention to detail is such a help to everyone. She came to us when we were in the middle of our COVID outbreak last year and said she was ready to help. Thank you so much, Keauri for all you do for our residents.

Valley View Wildlife

Several of our residents have recently seen one of these critters on or near our campus lately. Bobcats (*Lynx rufus*) love to catch voles and mice in the fields, which we have in abundance. They are about twice as big as a common house cat and have a distinctive short tail and little tufts on the tips of their ears.

Our duck population has gone from 35 to 29 in the last few weeks, and I don't have any evidence to



Stock photo

place at the claws and jaws of *L. rufus*, but it's kind of suspicious! Twenty-nine ducks is enough anyway!

(Delvin cont. from pg 2)

to purchase a new 40 hp. Kubota tractor with a scoop and mower. A couple of Board members picked up the balance of the purchase. This has blessed the project beyond measure as this equipment will be used to maintain the property.



Submitted photo

I want to thank all who have given of their time and money to keep this renovation moving forward to



New septic tanks with access risers

completion. We don't have an opening date yet. We were hoping to open this fall, but now it looks like it will be set back some. If you have questions, give the office a call and ask for myself or Candice who is working behind the scene on licensure and other projects. We are looking for workers to manage and operate the home which will provide room for five individuals. Again, call the office if you or someone you know would like to apply.



(Nolands continued from pg one)

Jan was born in 1949 in the northwest corner of North Dakota, in a town called Williston, where she spent her childhood. As a child, Jan loved the outdoors, and really enjoyed visiting the farms of her grandfather and other relatives. Jan was born into the family after two boys, and then two more boys were born after Jan, so she was a girl sandwiched in between four boys. Jan believes this is why she was such a “tom boy” in her childhood days, and attributes all of her wonderful outside adventures to her lifetime fondness of the outdoors. After high school, Jan went to college and earned her Physical Therapy degree. Early in her career, Jan moved to Virginia working as a hospital based therapist until 1984, when she moved to Oregon to be closer to three of her brothers. Enjoying the Pacific Northwest outdoors was another draw for this move. The move to Oregon introduced Jan to the physical therapy world of worksite health & safety, ergonomics and worksite wellness. She continued her work in this field until retiring in 2014. It was in Portland that her path crossed with Gary.

Gary & Jan met around Christmas time in 1994 as a sort of “blind introduction” through mutual friends. Jan invited him to lunch, and prepared a plate of Norwegian cookies for him “for the road” as he headed to California for a family visit. The plate was an assortment of cookies made with the tools she had used as a child baking cookies with her mother and grandmother. All the way to California, Gary could not stop thinking about Jan, and

probably the sight, smell and taste of the cookies affected Gary’s thinking, too! The result was a quick stay in California, and a trip back to Portland as soon as possible to reconnect with the love of his life, and they were married in 1995 in Portland. Soon after their marriage, they were beckoned to McMinnville where Gary accepted a job with Willamette Valley Medical Center and worked in Information Systems Supports until his retirement in 2011.

As a couple, they both enjoy volunteering, participating in various community activities, as well as being deeply involved with their church. In fact, Gary retired early from his job to take a position as volunteer Executive Director with the Yamhill County Gospel Rescue Mission. Their hobbies include outdoor activities, such as hiking, walking and camping, as well as sailing, biking, and travelling in their motorhome. Jan has always loved the idea of community gardens, including the one she now helps tend at Valley View. She proudly shows pictures of the beautiful gourds (see pg 5) that she and Teresa Brandon grew in the community garden.

Gary and Jan were both familiar with Valley View before they came to live here, and they always knew that this would be their retirement home. Gary says he rode his bike past the campus on many occasions. They finally settled here in 2019, and are enjoying every minute of it. The campus supports their way of life, and love of community.

The Lighter Side

Recent fortune cookies I have read:

- All that we are is the result of what we have thought.
- Ask yourself this question: “Is my attitude worth catching?”
- If you eat something and nobody sees you eat it, it has no calories.
- Rizaelnig you can raed this mepsislled fnurote will be the hgihgliht of your day.
- Any day above ground is a good day!

Vic Banke told an interesting story last Friday at our Men’s Forum:

This is a true story. It seems a friend of Vics was a long-haul truck driver sometime in the 1950s or ‘60s. He was loaded and travelling from Seattle to San Francisco on the coast route (before I5). About half way down a bear ran out of the woods and he ran over it! The poor thing never had a chance. In fact it’s fur got tangled around the drive shaft of the truck so tight it stopped the truck! Vic’s friend spent a long time on his back under the truck with his pocket knife cutting away the bear.

Life in the Village

Fall decorations are evident in many areas of our campus. Some are oriented toward celebration of bountiful garden harvests, and others are just for fun.



What is It?

By Jan Noland



Submitted photo

Using your imagination you may come up with some creative ideas ...a goose guarding a big egg... a mother gourd cradling a baby?

What actually happened? A lemon cucumber vine trailed up the same fence the gourds were grown on. This cucumber sneaked through the fence to become entangled with the gourd as they grew. Would Gordon call this plant symbiosis?

Bountiful Harvest

The 2021 "squash patch," outside the garden fence had a highly successful harvest including:

- 200 decorative gourds
- 28 butternut squash
- 34 golden nugget squash
- 27 acorn squash
- Zucchini – no count, but produced June – September.



The fence is bare now, but we are happy so many of you enjoyed all the colorful gourds during the summer and fall.

Bible Mennonite Fellowship, Inc. dba

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Rock of Ages Christmas Dinner

Mark your calendars for the
Rock of Ages/ Valley View
Christmas Dinner

December 9, 2021